

Getting There

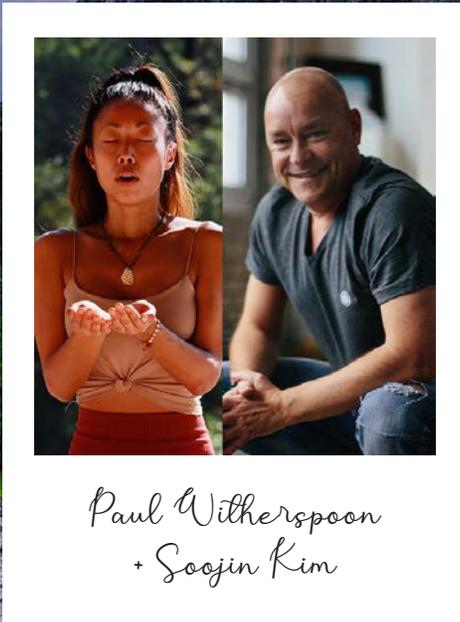
You'll fly into Alejandro Velasco Astete Cusco International Airport (CUZ). A Munay Sonqo shuttle will pick you up from CUZ and bring you to the resort free of charge.

If possible, we recommend arriving a day or two before the retreat to acclimate to the altitude.



Peru Retreat

MAY 14-22, 2023



Paul Witherspoon
+ Soojin Kim

Discounts

Email us to sign-up or have discounts applied.

Founder - Receive \$150 off

Return Retreater - \$100 off, up to \$300



LEARN MORE + SIGN UP ONLINE:
citizenyogastudio.com/peru-retreat-2023

QUESTIONS:

retreat@citizenyogastudio.com



MUNAY SONQO
RETREAT + YOGA CENTER
THE SACRED VALLEY, PERU

The Experience

Immerse yourself with 9 days of yoga, connection and the stunning ancient scenery of the Sacred Valley of Peru. An excellent way to explore new worlds with a group of like-minded friends.



Yoga Practice Space

Citizen's retreats are based on our core value of community. Bring a friend or come alone, because whether you have practiced with us one time or a thousand times, everyone has a place on this retreat.



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Munay Sonqo Retreat + Yoga Center

Munay Sonqo is a luxury sustainable resort located in the Sacred Valley of Peru, nestled in the majestic Andes Mountains, offering a perfect environment for healing and reflection. The location provides an epic setting for all who are aspiring to experience spiritual transformation, personal development, and connection to the natural world.

At Munay Sonqo, guest rooms reflect Peruvian culture and are built using local and natural materials. Meals reflect Peruvian cuisine and are served farm to table, featuring locally grown produce and more.



Views of Andes Mountains



Enjoy Peruvian Culture

Pricing + Room Options

Prices include 8 nights accommodations, 3 meals per day, shuttle to and from CUZ airport, daily yoga, and a day trip to Machu Picchu.

Triple Room
\$2145 per person

Double Room
\$2385 per person

Deluxe Room
(Double w/kitchen + living room)
\$2545 per person

Single Room
\$2905 per person

CITIZEN  YOGA